



NYSEF WHITEFACE CLIMB TO THE CASTLE ROLLERSKI RACE

Wednesday, October 7, 2009

**Climb to the top of Whiteface,
New York's 5th highest peak for a
360-degree panoramic view of the
Adirondacks, New England and Canada**

RACE CONTACT

Margaret Maher, NYSEF XC Head Coach
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REGISTRATION

\$25 pre-registration entry fee, \$35 day-of-race registration entry fee
Please pre-register online at alpinereg.com
Pre-registration closes Monday, October 5 at 6 PM
Day-of-race registration from 7:30 - 8:00 AM at the Whiteface Toll Booth
Bib pick-up from 7:30 - 8:30 AM at the Whiteface Toll Booth

START TIMES

9:00 AM Women's Mass Start (all age classes)
9:10 AM Men's Mass Start (all age classes)
The race will be timed for 2 hours. Any competitors not able to finish in this time window will be picked up before the finish.

RACE DIVISIONS

Women's and Men's age classes for the following divisions:
Open/Elite, OJ/U-23, Junior (J2/J1), Master (30+)

EQUIPMENT SAFETY

HELMETS ARE REQUIRED! All rollerskis must be inspected by competitor and be in proper working order.

COURSE DETAILS

Freestyle Technique. 5-mile hill climb with an average 8% grade up the Whiteface Memorial Highway. Course: start at the Whiteface Toll Booth in Wilmington and finish at the Castle on the summit of Whiteface Mountain (elevation 4,867 ft) Disclaimer: Inclement weather may limit the race distance. Course inspection by vehicle only. Course is closed to rollerskiing before the start. Pre-race warm-up rollerskiing can only occur in a designated area. All post-race cooling down must be done on foot.

VEHICLE TRAFFIC AND POST-RACE INFO

Please carpool to the race start, parking will be limited. The Whiteface Memorial Highway will be closed to the general public during the race. Course inspection (by vehicle only) will be allowed from 7:30 - 8:30 AM. Coaches and spectators who will be watching the race will be able to drive up and park off the road until 8:50 AM. All traffic must be parked off the road from 8:50 AM until 11:00 AM. There will be no moving traffic allowed during the race. All competitors will be shuttled back to the race start. No athletes will be allowed to ski back down after the race. Competitors will receive a bag at bib pick-up for post-race clothing and goods that will be driven to the finish line.

AWARDS

Awards at the NYSEF Whiteface Training Center after race at approximately 12 NOON. Prizes awarded to Top 3 Overall and Top 3 in each age class.